

DIABETES UK

KNOW DIABETES. FIGHT DIABETES.

**NORWICH AND DISTRICT
DIABETES YOUTH GROUP**

Highball Rock climbing

Sunday 15th July 2018

**2 sessions of 1 hour climbing with
food & drink after each session**

**Session 1 - 2.45pm for 4yrs+
Rock climbing**

**Session 2 - 4pm for 10yrs+
Rock climbing and/or bouldering**

HighBall Climbing Centre 1 Twickenham Road, Norwich NR6 6NG

Free for young persons with Diabetes, **£7** siblings or one friend

Gluten Free food option is available

All participants - please wear athletic style clothing

HIGHBALL
CLIMBING CENTRE 



Child Name/s and Age/s: _____

Parent/Guardian Name: _____

Address: _____

Postcode: _____

Email: _____

Tel: _____

**Free for young persons with Diabetes
£7 siblings or one friend**

I enclose Cash/Cheque total of: £ _____

Cheques make payable to:
Norwich and District Diabetes Group

I have paid by BACS (please tick)

Sort Code: **20-00-00**

Account No: **83069761**

Ref: **ROCK CLIMBING**

If paid by BACS you must still send this slip

To confirm our places please contact us by:
(Please tick)

SMS Text Email Phone

Please detach and send this reply form **before 29th June 2018** to:

Gary Starman, 66 Alan Avenue, Newton Flotman, Norwich NR15 1RF

For further information please contact Gary t: **07762 369887** e: **gary.starman@sky.com**