

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

**NORWICH AND DISTRICT
DIABETES YOUTH GROUP**



Minimum
Age 6

Activity day for the whole family...

Saturday 8 September
Hautbois Activity Centre,
Coltishall - 9am-5.45pm
(Approx. times - TBC nearer event)

**Archery, Kayaking, Crate Stacking
and Obstacle Course** (Instruction
Included) **followed by a 2-course
BBQ at the end of the day**
(Vegetarian/Coeliac catered for)

**Have fun, make friends, set your
own goals and support others!**

Important notes: Hautbois and NDDYG reserve the right to change activities if required. Maximum 48 participants. Minimum Age 6 years. Hautbois, 7 Great Hautbois Road, Coltishall, Norwich NR12 7JN. All payments are non-refundable.

For further details contact Fen Littleboy: **07858 114428** e: fen.littleboy@icloud.com

Child with Diabetes FREE. Adults 18+ - £15 each.
Siblings - £12.50 each. Spectators including BBQ
£8 each. Spectator without BBQ - FREE.

A parent/guardian must accompany their children throughout the whole day. Although we encourage the whole family to participate, we realise that for various reasons some parents/guardians may not wish to. You will be able to spectate at each activity.

A packed lunch will be required by all.

Participants must wear athletic style clothing (suitable for the weather conditions) and please also bring a towel and a change of clothes.

Families with similar aged children will be placed into groups together where appropriate/available.



No. of T1's: No. of siblings: No. of Adults Participating: No. of Spectators inc BBQ:

Child name/s and age/s: _____

Any Dietary needs: _____

I enclose Cash/Cheque
total of: £ _____

Parent/Guardian Name: _____

Cheques make payable to Norwich
and District Diabetes Group

Address: _____

I have paid by BACS (please tick)

Sort Code: **20-00-00**
Account No: **83069761**

_____ Postcode: _____

Ref: **Hautbois**

Email: _____

**If paid by BACS you must still send
this slip before 13 August 2018**

Tel: _____

To confirm our places please
contact us by: (Please tick)

Please send this completed reply form before 13 August 2018 to:
Fen Littleboy, The Alders, 10 Common Lane, Tuttingham NR11 6TH

SMS Text Email Phone